



Dr. Henry writes about UTI - Urinary Tract Infection

A UTI is a urinary tract infection. These infections might also be called bladder infections or cystitis. Some of you may have heard of "honeymoon cystitis" which can occur in either sex. These infections are generally more common in women because of the close proximity of the female urethra to the vaginal vault. Thus some women are plagued by recurrent UTI's. Weakness of abdominal and pelvic muscles because of multiple pregnancies and/or PPS can cause stress incontinence in many post menopausal women resulting in a higher risk of UTI's. Some people actually take an antibiotic daily to control this problem.

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[▲ Top of Article ▲](#)

[Content Catalogue](#) [Source Catalogue](#)



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